

**CORPORATE PARENTING  
ADVISORY COMMITTEE**

**26 JUNE 2023**

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**REPORT OF THE DIRECTOR, CHILDRENS SERVICES**

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**CHILDREN AND YOUNG PEOPLE EMOTIONAL WELLBEING MENTAL HEALTH  
SERVICE UPDATE**

**Reason For the Report**

1. To provide the Committee with an overview of the Children and Young People's Emotional Wellbeing and Mental Health Services

**Background**

2. There have previously been a number of services being provided to children and young people with mental health difficulties. These have operated in different ways, but have included:
  - Services previously delivered under a South Wales Child and Adolescent Health Service (CAMHS) under a regional network arrangement and hosted by Cwm Taf University Health Board.
  - Primary Mental Health repatriated these services into Cardiff and Vale University Health Board in 2016.
  - Specialist Child and Adolescent Mental Health Services (SCAMHS) were repatriated to Cardiff and Vale University Health Board in 2019

**Issues**

**The Objective of the New Services:**

3. To provide an integrated children and young people's emotional wellbeing and mental health service, with a single point of access and no wrong door approach.

**Benefits of the New Services:**

4. A number of Improvements have been made to services for children and young people needing assessment and support for mental health and wellbeing, these include:

- The Service has grown its workforce
- There is a Single Point of Access with a consultation line for professionals
- Sustainable Core Service which includes improved waiting times for assessments
- Digital offer for children and families
- Clear pathways of care
- Improved Crisis Pathway – increased staffing and extended hours
- Engaged and coproduced with Children and Young People, including all patient comms and a website

5. A number of new services have been set up, these include:

- Intensive Home Treatment Service
- Specialist Eating Disorder Service
- Schools In Reach Team and Specialist Emotional Wellbeing School Nurses
- Embedded Mental Health Practitioner in the Early Help Service
- Community Connections: Social Prescribing Project

### **Financial Implications**

6. There are no direct financial implications arising from this report but if in the carrying out of the services, additional or unbudgeted financial costs are identified then the funding source needs to be identified prior to spending.

### **Legal Implications**

7. There are no legal implications arising from this report

### **RECOMMENDATION**

8. To consider how these services impact on Children Looked After and what could be done to best develop and support their mental health and wellbeing.

**DEBORAH DRIFFIELD**  
**DIRECTOR, CHILDRENS SERVICES**  
**14 JUNE 2023**